

**Culinary Arts  
Contest Update – March 11, 2021**



**Preparatory Information**

Culinary competitors will receive a list of Mystery Box ingredients that will be used to create two original recipes. The Mystery Box ingredient list will be released on the contest platform on April 13, and recipes must be uploaded by 5PM EST on April 16. Recipes must include a main component, starch, vegetable, and sauce. Additional permitted pantry items (i.e., salt, pepper, sugar, flour) will be provided with the Mystery Box ingredient list.

Competitors will join the live judging portion at rolling intervals. Please login at least 10 minutes prior to the scheduled start time. Once they join the Zoom meeting, they will be provided with instructions on camera positioning and how the contest will run.

Students will select the recipe they will produce for the live portion of the competition. They will have 90 minutes to prepare the dish. Once the dish is complete, they will present the dish to judges for scoring.

After the dish is presented, students will complete a set of 4 knife cuts using one russet potato. The knife cuts will be identified by the judges once scoring of their dish is complete.

***Reminder: This contest requires a Second Camera Proctor. See the Proctor Guide for more information.***